



Ilfracombe & North Devon Sub-Aqua Club

2018 Dive Programme

Club Phone 01271 855652 (Wednesdays From 8pm only)



President	Brian Watts	
Chairman	Amanda Gartshore	07887990674
Diving Officer	Maggs Ashton	07973858512
Training	Matt Lowry	07756475678
Secretary	Lindsay Mahon	07787251118
Treasurer	David Counce	07941477719
Boats Officer	Steve Ashton	07896558630
Equipment	Richard Howell	07745297646
Membership	Lorraine Scutt	07881561358

Gang of 4	Neil Daubney
	Lindsay Mahon (& secretary)
	Suzanna Rodriguez
	Steve Trebble



	Date	HW	Leave Time	Neptune Diving, Events, etc.		LOCAL RIB & PIER DIVING	RIB AWAY TRIPS	
MARCH	Sat 3	06:53		Boat & Club Maintenance - contract Steve			All Rib Venues To Be Confirmed Nearer Event and will depend on Weather, Sea Conditions & Wind Direction etc	
	Sun 4	07:33						
	Sat 10	11:35		Boat & Club Maintenance - contract Steve				
	Sun 11	00:22						
	Sat 17	06:01		Boat & Club Maintenance - contract Steve	MV Woolaway Sank 13 Mar 1967			
	Sun 18	06:35						
	Sat 24	10:32		Boats In - & New Member Boat Talk - Times to be confirmed		March: Skipper and Crew Meeting - Time and Date to be Confirmed		
	Sun 25	12:40		Rescue Day - All to Attend Please - Meet at Clubhouse - bring your kit				
APRIL	Fri 30	06:07		Penzance			Easter Rib Away	
	Sat 31	06:51						
	Sun 1	07:31						
	Mon 2	08:43						Organiser Maggs
	Sat 7	10:55		Opening Season Cruise TBC				
	Sun 8	11:46		Babbacombe Cuttlefish Search				
	Sat 15	06:30	07:30	Lundy HMS Montague Ideal Training Dive				
	Sun 16	07:07	07:30	Lundy - Carmen Filomena	HMS Montague Sank 16 MAY 1906- Joining Research Team Options Dates to Be Confirmed			
	Sat 21	11:23					Rib Away - Site TBA	
	Sun 22	12:34					Organiser - Martin Lancey	
Sat 28	05:44	07:30	Lundy Carmen Filomena + HMS Montague					
Sun 29	06:27	08:00	Lundy Carmen Filomena + HMS Montague					
MAY	Sat 5	09:52	08:00	Morte Point Area + Clovelly			Rib Away - Port Gaverne	
	Sun 6	10:27	07:30	Princess or George Locket			Organisers: Lorraine & Paul	
	Mon 7	11:12	08:00	HMS Princess				
	Tue 8	12:16	09:00	Carare				
	Wed 9	13:39	10:15	Foreland Wreck				
	Thur 10	14:58	11:30	London II or Wreck North of Ilfracombe				
	Sat 12	04:25	07:00	Lundy Gannets Outer Pinnacle			SCILLY'S TRIP	
	Sun 13	05:12	07:30	Lundy Earl of Jersey				
	Wed 15	18:58				18:00 - Combe Martin Bay		
	Sat 19	09:34	07:30	Thistlemore + Jacks Wreck LW				
	Sun 20	10:24	07:30	Hartland Wreck HW + Shallow Scenic LW				
	Sat 26	04:27	07:30	Lundy - SW Pinnacles LW			Rib Away - Venue TBA	
	Sun 27	05:17	07:45	Lundy - City of Exeter LW			Organisers: TBA	
	Mon 29	06:01	07:45	Lundy - SE Anchor Reef				
Wed 30	07:17	07:30	Lundy - Seal Rock			18:00 Pier 'Clean Up' Dive		
JUNE	Fri 1	20:42	17:30	MV Woolaway		17:30 - MV Woolaway		
	Sat 2	08:58	07:30	Scenic HW + Jacks Wreck LW	Yesso Sank 28 MAR 1884		Bengrove Sank 7 Mar 1915	
	Sun 3	09:32	07:45	Larchwood & Copress Rock	Carare Sank 28 MAY 1940			
	Tue 5	10:47	07:30	HMS Princess HW Bengrove LW				
	Wed 6	11:38						
	Thur 7	12:42		Trimix or Extended Range				
	Fri 8	13:54			Kernow Dive Fest 2018 Great opportunity to Dive, meet other clubs, enjoy the BBQ and raise funds for DDRC this event has raised over £30,000 which we all help with by supporting the event - watch the notice board for more info.		Rib Away - Kernow	
	Sat 9	15:03	11:45	Local Scenic + Wreck off Horse Shoe LW				Organisers: Steve A
	Sun 10	03:35	12:45	Local Scenic + Horseshoe Rocks				Possible Week Stay Over
	Wed 13	06:13	07:45	Lundy - Nice Spot West Side			17:30 Pier 'Clean Up' Dive	
	Fri 15	20:09	18:00		16:30 - Combe Martin Bay & Local Beach BBQ			
	Sat 16	08:38	08:15	Lundy MV Robert & PS Iona II				
	Sun 17	09:27	08:45	Lundy - Crawfish Bay				
	Wed 20	12:06	08:45	Bull Pt Wreck LW; The Hodd HW + Scenic				
	Thur 21	13:10		HMS Weazel (all levels) + Jacks Wreck(DL & Above)				
	Fri 22	14:19						
	Sat 23	15:26		Trimix or Extended Range			Poss. Local Diving TBA	
	Sun 24	16:25					Poss. Local Diving TBA	
Wed 27	06:18	07:45	Lundy Gannets Anchor Rock			18:00 - Capstone Scenic		
Sat 30	08:06					Local Rib Diving TBA		
JULY	Sun 1	08:40					Local Rib Diving TBA	
	Mon 2	09:13						
	Tue 3	09:47						
	Wed 4	10:24		Ilfracombe Dive Week Dives and Times TBA				
	Thur 5	11:06						
	Fri 6	11:56						
	Sat 7	12:58					Rib Away Organiser TBA	

	Date	HW	Leave Time	Neptune Diving, Events, etc.		LOCAL RIB & PIER DIVING	RIB AWAY TRIPS
JULY	Sun 8	14:09					Torbay BSAC Splash-In
	Wed 11	4:57	07:30	TBA	WOOLAWAY SUNK 13 MAR 1967	17:45 Local TBA	
	Fri 13	19:09				18:00 Pier 'Clean Up' Dive	
	Sat 14	07:38	07:45	Lundy - Steve's Boiler			
	Sun 15	08:28	08:15	Lundy - West Side			
	Wed 18	10:49	09:45	Lundy			
	Fri 20	12.30				17:30 Yesso	
	Sat 21	13.32	10:15	Channel Wrecks - Carare		Local Rib Diving TBA	
	Sun 22	14.44		Trimix or Extended Range		Local Rib Diving TBA	
	Mon 23	15.52					
	Wed 25	05:15	07:45	Hen & Chickens			
	Thur 26	18:20				17:00 Bull Point Gullies	
	Fri 27	18.57		Lundy Weekend		Local Rib Diving TBA	
	Sat 28	07:15				Local Rib Diving TBA	Rib Away - Site TBA
Sun 29	07:48		Local Rib Diving TBA			Organiser - TBA	
AUGUST	Wed 1	09:26	07:00	Thistlemore HW + Hartland Wreck LW			
	Sat 4	11:19	09:15	Horseshoe HW; West of Morte Stone; London LW			
	Sun 5	12:14	09:15	Jacks Wreck HW + Wheelers Stone			
	Mon 6	13.25		Trimix or Extended Range			
	Tue 7	14.46					
	Wed 8	16:04	06:30	Lundy + South Australian			
	Fri 10	18:06	18:00	Lundy Splash-In Photo Competition and 'apres dive' party & judging. Leave Fri 18:00 or Sat 06:45 TBC			
	Sat 11	06:37				Rib Diving TBA	
	Sun 12	07:26				Rib Diving TBA	
	Wed 15	09:40	08:45	Lundy			
	Sat 18	11:46	08:45	Lundy + South Australian HW + Horseshoe Rocks LW			
	Sun 19	12:42	09:45	Copress Rock + Local Wreck			
	Mon 20	13.57		Trimix or Extended Range			
	Tue 21	15.20					
	Wed 22	16.28					
	Sat 25	06:21	08:15	Lundy - Earl of Jersey			Rib Away -Lizard
	Sun 26	06:55	08:15	Lundy - Ethel & Atlas			
Mon 27	07:27	08:15	Lundy - SE Anchor Reef			Organisers: TBA	
Wed 29	08:30	08:15	Lundy				
SEPTEMBER	Sat 1	10:09	TBA	Lundy			Rib Away - Site TBA
	Sun 2	10:49	TBA	Lundy			Organiser - TBA
	Wed 5	14:26	TBA	Local TBA			
	Sat 8	05:33	07:45	Lundy			
	Sun 9	06:24	07:45	Lundy			
	Wed 12	08:34	07:45	Lundy			
	Sat 15	10:25	09:15	Lundy +Cambron LW			Rib Away - Site TBA
	Sun 16	11:03		Trimix or Extended Range			Organiser - TBA
	Mon 17	12.00					
	Tue 18	13.06					
	Wed 19	14:41		Glenart Castle			
	Thur 20	16.00					
	Fri 21	16.54					
	Sat 22	05:17	07:45	Lundy - Hen & Chickens			
	Sun 23	05:55	07:45	Lundy			
	Wed 26	07:33	08:45	Lundy			
Sat 29	09:12	08:45	Lundy			Rib Away - Site TBA	
Sun 30	09:48	08:45	Lundy			Organiser - TBA	
OCTOBER	Sat 5	03:09	06:45	Lundy			
	Sun 6	04:23	07:15	Lundy			
	Sat 13	09:18	08:45	Lundy			Rib Away - Site TBA
	Sun 14	09:51	08:45	Lundy			Organiser - TBA
	Sat 20	03:49	TBA	Lundy - Last (but one) Chance			
	Sun 21	04:41	TBA	Lundy - Last Chance			
	Sat 27	08.:16		AGM Date & Day TBA			Rib Away - Site TBA

Boats Leave at stated Times: HW Tide times are given for Ilfracombe: All dive venues weather dependent: All dive plans to be approved by D.O

Skippers & Crew: Remember Boats go to sea with 4 members or more this is a minimum requirement; need 6 booked on for Lundy & sites in excess of 20km away.

IFSAC has received support from:



LOTTERY FUNDED

Registered with H M Revenue & Customs as a Community Amateur Sports Club.



Interested in running or helping with; a dive day or trip; a rib away; or have an idea for a dive site not already on the program?
Please get in touch - Maggs

The Lundy **No Take Zone** stretches North to Lat 51° 12.04N, south to Lat 51° 10.07N and east from Lundy's shores to Long 004° 39.00W.

Programme Sponsored By:

**Call us on
(01271) 267277**

**Email us at
repairs@polarbears.co.uk**



Dry Suit Sales and Repairs and Wetsuit Repairs

We repair suits of any make and model

Polar Bears, Unit 2 Willow Tree Court, Brannam Crescent, Roundswell Business Park, Barnstaple, EX31 3TD

RULES & REQUIRMENTS -TO HELP KEEP SAFE -YOU, YOUR BUDDIES, FELLOW DIVERS, AND THE SEABED

- ✓ Ask yourself before every dive 'am I fit to dive' if you cannot honestly answer yes -**Do Not Dive**. Computers and tables are based on algorithms and aim to keep you safe but there is no guarantee- much depends on your physical (weight hydration fitness & more), and mental state, as well as the conditions (visibility, depth, temperature, task loading, etc.).
- ✓ No alcohol before a dive and keep the consumption on previous day to a minimum (preferably nil).
- ✓ ALWAYS keep hydrated.
- ✓ All Club dives are subject to BSAC rules and guidelines.
- ✓ Club boats may only be taken out with permission of the Diving Officer.
- ✓ The Flag Alpha must be displayed whenever diving is taking place.
- ✓ All dives in this program are subject to confirmation at the club on the Wednesday evening before the dive.
- ✓ All dives must be booked at the clubhouse on the Wednesday prior to the dive from 20:00 onwards (phone or in person); or text or call the DO on 07973858512;
- ✓ Always be correctly equipped, and only plan a dive within your and your buddy's dive grade, training, and experience.
- ✓ Make sure your kit is packed in one dive bag keeping life jacket or BC handy and don't put your weight belt in it. Try to keep to one dry bag if you can.
- ✓ Don't be late - make sure you turn up at least 30 minutes prior to the leave (ropes off) time. If in doubt contact the duty skipper.
- ✓ Ocean divers and above MUST always carry DSMB's & be able to use them. They must be clearly marked with your name; be self-sealing. Plus yellow tassel if you can. Your duty skipper will brief you on their use, but as a guide: Deploy straight away in moving water; 20 minutes into a dive if no run; & on leaving a wreck if not returning to the shot line.
- ✓ Cylinders are required to be in test (O2 cleaned for nitrox fills in excess of 40%); clearly marked with - your name; its capacity, working pressure; & the next test date. No labeling- **NO FILL**.
- ✓ Lundy's no take zone & marine protected area rules **MUST** be observed on every dive around the Island.
- ✓ To bring up shellfish you must have a current Licence and its limits adhered to. Craw Fish are 'no take' on all club dives & Boats.
- ✓ Any diver below 30 meters must carry an alternative air source (a pony, or side mounted with nitrox that gives a PPO2 greater than 1.4 at any depth during the dive does not meet this requirement.
- ✓ A pony is a bale out/safety item for emergency use and whilst practice is a good thing, not relied upon to extend the length of a dive.
- ✓ All divers should always surface with at least 50bar in their main cylinder.
- ✓ All Club members have a duty of care to their fellow divers, buddy, skipper, crew, and marshal, as well as the environment.
- ✓ All Club members taking part in diving and non-diving Club activities (e.g. transportation to dive sites, maintenance etc.) are expected to behave responsibly and undertake activities for which they are suitably trained and experienced, with appropriate properly maintained equipment.



Links and Information

Shipping Forecast:

Radio 4 - 1500mts / 198 khz @ 05:35 12:00 17:55 00:45

Useful Sites:

Met Office Inshore Waters Forecast: www.metoffice.gov.uk/weather/marine/

One of many Tidal Prediction sites: <http://easytide.ukho.gov.uk/EasyTide/EasyTide/index.aspx>

Webcams: www.english-nature.org.uk/webcams/lundy/Harbour website
<http://www.ilfracombewebcam.com/>

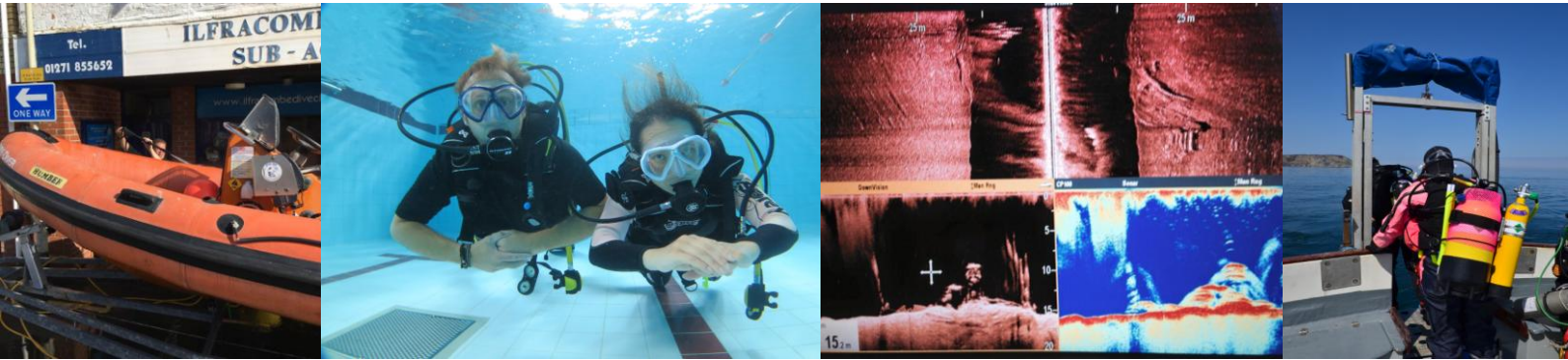
Weather Sites include:

Magic Seaweed: <http://magicseaweed.com/UK-Ireland-Surf-chart/1/?chartType=WMA>

XC Weather <http://www.xcweather.co.uk/forecast/ilfracombe>

Wind Guru <https://www.windguru.cz/47862>

Windfinder <https://www.windfinder.com/weatherforecast/ilfracombe>



Useful Contacts

ILFSAC Clubhouse

01271 855652

Ilfracombe Harbormaster

01271 862108

DDRC Plymouth

<http://www.ddrc.org/index.cfm>

-Advice

01752 209999

-Emergency

01752 261910

NDDH

01271 372577

Falmouth Coast Guard

01326 310800

Emergency

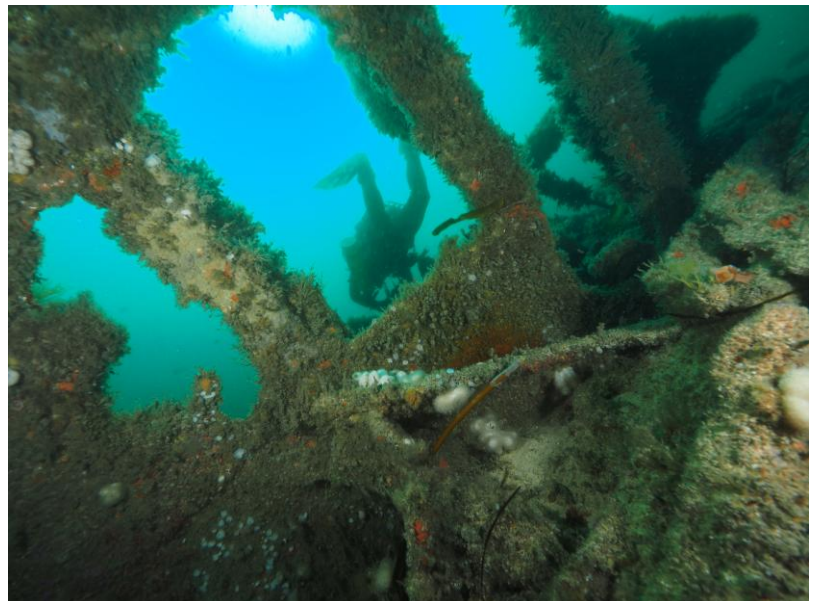
999

Or call The Coastguard on Channel 16 if on-board

For Dive Medicals: The Lamb Clinic: <http://www.lambdivemedicals.uk/#recreational-diving>

Dive Diary Legend:

Good Neap Tide
Rib Away Trip
Trimix or Extended Range
Dive Trips & Holidays
Dive Week
Local Rib diving
Pier 'Clean Up' Dive
Other Events Training Etc



PLEASE REMEMBER IT'S YOUR CLUB – Any ideas or concerns please let me know—looking forward to calm seas, clear waters and a great 2018 dive season. Maggs