



Ilfracombe & North Devon Sub-Aqua Club

2017 Dive Programme

Club Phone 01271 855652 (Wednesdays From 8pm only)



President	Brian Watts	
Chairman	Amanda Gartshore	07887990674
Diving Officer	Maggs Ashton	07973858512
Training	Paul Armstrong	07526734003
Secretary	Barry Gifford	07702874838
Treasurer	Raz Horforth	
Boats Officer	Steve Ashton	07896558630
Equipment	Richard Howell	07745297646
Membership	Lorraine Scutt	07881561358
Gang of 4	Ivor Brown	
	Martin Lancey	
	Matt Lowry	
	Mo Lowry	



RULES & REQUIRMENTS -TO HELP KEEP SAFE -YOU, YOUR BUDDIES, FELLOW DIVERS, AND THE SEABED

- ✓ Ask yourself before every dive 'am I fit to dive' if you cannot honestly answer yes -Do Not Dive. Computers and Tables are based on algorithms and whilst aim to keep you safe there is no guarantee -it will depend on your physical (weight hydration fitness are but a few considerations), and mental state, as well as the conditions (visibility, depth, temperature, task loading, dive plan etc.).
- ✓ No alcohol before a dive and keep the consumption on previous day to a minimum.
- ✓ ALWAYS keep hydrated at all time.
- ✓ All Club dives are subject to BSAC rules and guidelines.
- ✓ Club boats may only be taken out with permission of the Diving Officer.
- ✓ The Flag Alpha must be displayed whenever diving is taking place.
- ✓ All dives in this program are subject to confirmation at the club on the Wednesday before the dive.
- ✓ All dives must be booked at the clubhouse on the Wednesday prior to the dive from 20.00 onwards (phone or in person) or text the DO on 07973858512) or phone the club (see front cover).
- ✓ Always be correctly equipped, and ensure the dive you are planning is within your and your buddy's dive grade, training, and experience
- ✓ Please make sure your kit is packed in the correct manner, dive kit in one bag keeping life jacket or your BC handy. No weight belt in kit bags. One dry bag per person.
- ✓ Members please ensure you turn up at least 30 minutes prior to the boats leaving time. Once the boats have correct numbers of crew and divers (club members) it will leave on time. If in doubt contact the duty skipper.
- ✓ All SMB's must be clearly marked with your name; All DSMB's must be self-sealing and preferably with a yellow tassel especially in busy areas to help your skipper or shore cover. Your duty skipper will brief you on the requirements for each dive as a guide; always used in moving water; deployed after 20 minutes into a dive giving the skipper time to locate you; on leaving a wreck if not returning to the shot line.
- ✓ Cylinders are required to be in test (O2 cleaned for nitrox fills in excess of 40%); clearly marked with your name; its capacity and working pressure; and the next test date. No labeling-NO FILL.
- ✓ Lundy no take zone **MUST** be observed.
- ✓ A current shellfish License is needed to collect shell fish and it's limits adhered to. Craw Fish are 'no take' on all club dives & Boats.
- ✓ Any diver below 35 meters should carry an alternative air source. A pony, or side mounted cylinder with nitrox that gives a PPO2 over 1.4 at that depth does not meet this requirement.
- ✓ A pony is a bale out/safety item for emergency use and whilst practice is a good thing, not used at depth or relied upon to extend the length of a dive.
- ✓ All divers should always surface with 50bar in their main cylinder.
- ✓ All Club members have a duty of care.

- ✓ All Club members taking part in non-diving Club activities (e.g. transportation to dive sites, maintenance etc.) are expected to behave responsibly and undertake activities for which they are suitably trained and experienced, with appropriate properly maintained equipment

Links and Information

Shipping Forecast:

Radio 4 - 1500mts / 198 khz @ 05:35 12:00 17:55 00:45

Useful Sites:

Met Office Inshore Waters Forecast: www.metoffice.gov.uk/weather/marine/

One of many Tidal Prediction sites:

<http://easytide.ukho.gov.uk/EasyTide/EasyTide/index.aspx>

Webcams:

www.english-nature.org.uk/webcams/lundy/Harbour website

<http://www.ilfracombewebcam.com/>

Weather Sites include:

Magic Seaweed Wind Chart:

<http://magicseaweed.com/UK-Ireland-Surf-Chart/1/?chartType=W MAG>

XC Weather <http://www.xcweather.co.uk/forecast/ilfracombe>

Wind Guru <https://www.windguru.cz/47862>

Windfinder <https://www.windfinder.com/weatherforecast/ilfracombe>



Useful Contacts

ILFSAC Clubhouse

01271 855652

Ilfracombe Harbormaster

01271 862108

DDRC Plymouth

<http://www.ddrc.org/index.cfm>

-Advice

01752 209999

-Emergency

01752 261910

NDDH

01271 372577

Falmouth Coast Guard

01326 310800

Emergency

999

Or call The Coastguard on Channel 16 if on-board

The Lamb Clinic: <http://www.lambdivemeds.uk/#recreational-diving>

The Lundy **No Take Zone** stretches North to Lat 51° 12.04N, south to Lat 51° 10.07N and east from Lundy's shores to Long 004° 39.00W.

PLEASE REMEMBER IT'S YOUR CLUB – Any ideas or queries please have a chat –here's to calm seas, clear waters and a great dive season. Maggs

	Date	HW	Leave Time	Neptune Diving, Events, etc.		LOCAL RIB & PIER DIVING	RIB AWAY TRIPS	
MARCH	Sat 4	09:50		Boat & Club Maintenance - contract Steve			All Rib Venue To Be Confirmed Nearer Event and will depend on Weather and Wind Direction Dictate	
	Sun 5	10:41						
	Sat 11	05:10		Boat & Club Maintenance - contract Steve				
	Sun 12	05.53						
	Sat 18	09.07		Boat & Club Maintenance - contract Steve				
	Sun 19	09.38						
	Sat 25	03.57		Clubhouse Tidy & Re-Equip Neptune		March: Skipper and Crew Meeting - Time and Date to be Confirmed		
	Sun 26	05.44						
APRIL	Sat 1	09.50		Boats In - & New Member Boat Talk - Times to be confirmed				
	Sun 2	10.35	09:00	Rescue Day - All to Attend Please - Meet at Clubhouse - bring your kit				
	Sat 8	05.02	08:00	Lundy -First Trip				
	Sun 9	05.49	08:00	Babbacombe Shore Dive - Cuttlefish Mating Season!				
	Fri 14			Easter Trip		Easter Rib Away		
	Sat 15					Penzance		Organiser
	Sun 16							Maggs
	Mon 17	10.08						
	Sat 22	03.12	07:30	Lundy				
	Sun 23	04.15	07:30	Lundy	WOOL AWAY SUNK 13 MAR 1967 50 Years			
	Sat 29	08.51	09:00	Lundy		Trip To Mull - Full but check notice board hoping to do Isles of Silly in May 2018 and St Abbs in late Sept/ Oct 2018	Rib Away -Brixham	
Sun 30	09.36	09:00	Lundy					
MAY	Mon 1	10.24	09:30	Lundy	Pirate Festival	Organisers:		
	Sat 6	03.32	07:30	Lundy				
	Sun 7	04.32	07:30	Lundy				
	Sat 13	08.14	8:30	Lundy				
	Sun 14	08.45	8:45	HMS MONTAGUE 111 YEARS 16 MAY 1906	HMS MONTAGUE 111 YEARS 16 MAY 1906			
	Sat 20	01.04	10:30	George Locket	CITY OF EXETER SUNK MARCH 1887			
	Sun 21	02.21	11:20	Princess	Poss. Second Slack if Vis Allows and Leave Neptune on Outer Mooring			
	Sat 27	07.49	08:00	Lundy			Rib Away West Bay	
	Sun 28	08.37	08:30	Lundy			Organisers:	
	Mon 29	09.25	09:00	Lundy				
Wed 31	11.05		Poss. Local To Be Confirmed		18:00 Leave			
JUNE	Fri 2	13.08	TBA	Deep Channel Wreck				
	Sat 3	14.20	TBA	Bengrove / Yesso	YESSO SUNK 28 MAR 1884		BENGROVE SUNK 7 MAR 1915	
	Sun 4	2.50	TBA	Carare	Carare SUNK 28 MAY 1940			
	Mon 5	03.52	TBA	Deep Channel Wreck				
	Wed 7	05:29	8:00	Lundy		17:00 leave -Anchor Site		
	Fri 9	19:03				17:00 Leave		
	Sat 10	7.19	7:20	Woolaway then Jacks Wreck on Low				
	Sun 11	7.53	08:00	Hartland Wreck				
	Wed 14	9.35	08:45	Hodd & Woolaway		18:15 Leave		
	Fri 16	23:26		Kernow Dive Fest 2017 Great opportunity to Dive, meet other clubs, enjoy the BBQ and raise funds for DDRC this event has raised over £30,000 which we all help with by supporting the event - watch the notice board for more info.				
	Sat 17	11.53						
	Sun 18	00.27						
	Wed 21	3.54	07:30	South Australian				
	Fri 23	18:16				16:45 Leave		
	Sat 24	6.45	07:30	Lundy	Biggest Tide of The Year		Rib Away- Lyme Regis	
Sun 25	7.35	08:00	Lundy			Organiser ?		
Wed 28	9.59	TBA	TBA		18:15 Leave			
JULY	Sat 1	12.26	TBA	Ilfracombe Dive Week Dives and Times TBA		Local Rib Diving TBA		
	Sun 2	13.27	TBA			Local Rib Diving TBA		
	Mon 3	01:55	TBA			Local Rib Diving TBA		
	Tue 4	03:03	TBA			Local Rib Diving TBA		
	Wed 5	4.05	TBA			Local Rib Diving TBA		
	Thur 6	04:58	TBA			Local Rib Diving TBA		
	Fri 7	05:43	TBA			Local Rib Diving TBA		
	Sat 8	6.23	TBA			Local Rib Diving TBA		
	Sun 9	7.00	07:45	Lundy				
	Wed 12	8.44	08:15	Hartland Wreck George Lamb	WOOLAWAY SUNK 13 MAR 1967	18:15 Leave		
Sat 15	10.39	08:00	Horseshoe/ Carnsew					

	Date	HW	Leave Time	Neptune Diving, Events, etc.		LOCAL RIB & PIER DIVING	RIB AWAY TRIPS
JULY	Sun 16	11.27	08:20	Princess /Carare			
	Mon 17	12:20	TBA	One of Keith's Wreck Marks			
	Tue 18	13:30	TBA	One of Keith's Wreck Marks			
	Wed 19	2.12	11:00	Copress Rock		17:30 Leave	
	Fri 21	17:07	17:00	Lundy Weekend		Local Rib Diving TBA	
	Sat 22	5.39	07:45			Local Rib Diving TBA	
	Sun 23	6.34	08:00			Local Rib Diving TBA	
	Wed 26	8.57	09:00	Lundy		18:15 Leave	
	Sat 29	10.57	08:30	Wreck Search Jacks Wreck on High & Lundy for The Afternoon			Rib Away -Port Gaverne
	Sun 30	11:39	08:30	London			Organiser Matt & Mo
	Mon 31	12:30	TBA	Trimix			
Tue 1	13:35	TBA					
Wed 2	14:51	TBA	Rib Available For Local Diving				
Thur 3	03:22	TBA					
Fri 4	16:56	TBA	15:30 Leave				
AUGUST	Sat 5	05.19	07:30	Lundy Earl of Jersey			
	Sun 6	06.02	07:45	Lundy Gannets Outer Pinnacle			
	Wed 9	07.51	07:45	Lundy South West Pinnacles		06:00 Leave	
	Sat 12	09.39	09:00	Lundy			
	Sun 13	10.18	09:15	Lundy			
	Wed 16	13:03	10:00	Search off Copress Or Watermouth Area and Dive		18:00 Leave	
	Sat 19	04.30	07:30	Hartland Wreck on Low Clovelly for Lunch Back to Hodd For HW and Home			
	Sun 20	05.32	07:45	Lundy			
	Wed 23	07.54	08:30	Lundy		18:00 Leave	
	Sat 26	09.46	09:00	Lundy			Rib Away -Lizard
	Sun 27	10.18	07:45	Lundy Possible Thistlemore on High			Organisers:
	Mon 28	10.53	08:00	Carare & Princess			
	Tue 29	11:34	08:30	Trimix		Roger's Wreck	
	Wed 30	12:33	09:30			Larchwood	Rib Available For Local Diving
Thur 31	13:57	10:30	Empire Otter				
			Glenart Castle				
SEPTEMBER	Fri 1	15:22	TBA				
	Sat 2	03:54	07:30	Horseshoe & Atlantic Array Mark			
	Sun 3	04.52	07:30	City of Exeter & Lundy			
	Wed 6	06.53	08:15	Lundy		17:00 Leave	
	Sat 9	08.41	08:15	Lundy			Rib Away -Falmouth
	Sun 10	09.19	07:45	Wreck Search (The Lump & Lundy			Organiser
	Wed 13	11.34	08:30	Local Wreck (One From Keith) & Horseshoe			
	Sat 16	03.08	07:15	Bull Point Wreck			
	Sun 17	04.24	07:15	Martin's Plate Wreck			
	Wed 20	06.53	08:15	Lundy		18:00 Pier Night Dive	
	Sat 23	08:40	07:30	Hartland		Possible Croatia Trip End September	
	Sun 24	09.11	09:00	Lundy			
	Wed 27	10:47	TBA	Wreck in 40m range			
	Thur 28	11:37	TBA	Wreck in 40m range			
	Fri 29	12:58	TBA	Wreck - Atlantic Array or Keith's Mark			
Sat 30	01.40	TBA	Trimix			Rib Away -Hope Cove	
OCTOBER	Sun 1	03.12	TBA	Trimix			Organiser
	Wed 4	05.47	TBA	TBA			
	Sat 7	07.41	08:15	Poss. Lundy			
	Sun 8	08.20	08:15				
	Sat 14	01.27	11:00				Rib Away -Newquay
	Sun 15	02.58	08:00				Organiser
	Sat 21	07.39	08:15	Lundy - Last (but one) Chance			
	Sun 22	08.11	08:15	Lundy - Last Chance			
	Wed 25		19:00	AGM			
Sat 28	12:06					Rib Away - Plymouth	

Boats Leave at stated Times: HW Tide times are given for Ilfracombe: All dive venues weather dependent: All dive plans to be approved by D.O

Skippers & Crew: Remember Boats go to sea with 4 members or more this is a minimum requirement; need 6 booked on for Lundy & sites in excess of 20km away.

IFSAC has received support from:



Registered with H M Revenue & Customs as a Community Amateur Sports Club.



Contact me if you want to run or help run a rib away, or local diving on a date not currently in the programme; it must be in time to notify all members of the event. Maggs



Programme Sponsored By:

**Call us on
(01271) 267277**

**Email us at
repairs@polarbears.co.uk**



Dry Suit Sales and Repairs and Wetsuit Repairs

We repair suits of any make and model

Polar Bears, Unit 2 Willow Tree Court, Brannam Crescent, Roundswell Business Park, Barnstaple, EX31 3TD